

ACFAS 2023 Meet the Fellow Questionnaire



American College of
Foot and Ankle Surgeons®

Fellow Name:

Kimberly Lockridge

Fellowship Program:

Foot & Ankle Institute Fellowship

City/State:

Indianapolis, IN

Program Director:

Sandra R. Raynor, DPM, FACFAS

How many Attendings do you work with regularly?

13 attendings

Describe the diversity of your cases so far in fellowship. (For example, has your experience included TAR? Is there an emphasis on: Pediatrics? Sports Medicine? Deformity correction? Complex reconstruction? What percentage of your cases are trauma? Rearfoot/ankle? Forefoot? Please be as descriptive as you'd like.

The cases are very diverse, with exposure to complex reconstructions, frames, total total ankle replacements and charcot reconstructions along with your typical "bread and butter" procedures. There is occasional trauma, with a few cases on average.

How many days per week do you typically spend in the OR? In clinic? Do you have your own "fellow" clinic?

I spend about 4 days a week in the OR. I have 2 half days of my own clinic. Our fellow clinic is completely autonomous, but there are always other attendings working close by who are more than willing help you in any way.



How many surgical cases do you typically scrub per month?

On average about 50-60 cases per month.

What conferences have you attended/are you encouraged to attend?

We are encouraged to go to ACFAS and industry sponsored fellows courses.

How would you describe your director's teaching style?

Dr. Raynor is calm, thorough and loves to teach.

How is research incorporated into your experience? What resources are provided/available?

Research is self-driven. We are encouraged to research things that we have an interest in.

Do you take any "call"? If so, how often? What type of call? (general vs. trauma, hospital vs. private practice?)

We take call at a very busy hospital 1 week per month and 1 weekend per month at a less-busy hospital. We do not take trauma call or any overnight acute surgical emergencies.

How many hospitals/surgery centers are you credentialed at?

We are credentialed with all the major hospital systems in Indianapolis. We typically go to 6-7 different hospitals and surgery centers within Indianapolis.

What is your didactic schedule like? What academic opportunities are available to you during fellowship? (Cadaver labs, journal club, radiology conference, etc.)

We have monthly meetings where we present journal articles or cases. We have great relationships with our industry reps who give us access to their cadaver labs. There are frequent industry sponsored labs/events that we are invited to.



Is your fellowship affiliated with a residency program? If yes, what are your responsibilities?
How often are you interacting with residents (What % of cases?)

No, but some of our attendings work with the Community residents at one of the hospitals. We coordinate coverage of the attendings with the residents so there is very rarely double coverage. We have priority of the cases if they are there.

Are you able to collect cases for board certification?

Yes. We are able to collect both call cases and elective cases we book in our clinics.

When should interested applicants visit? What does a visit look like?

A visit is not required.

What is the interview process like at your program?

There is an initial zoom interview for all the applicants. Top applicants are then invited to an on-site interview, which is 2-3 days in length. You meet with all the attendings and visit most of the offices. The program pays your hotel, which helps off-set cost of travel

Do you have a co-fellow? What percentage of your cases are scrubbed with them?

I have 1 awesome co-fellow and we never double scrub cases. Typically, there are cases at multiple hospitals throughout the day that we cover.

What support is available for finding post-fellowship employment?

All the attendings are willing to help you in any way that you need. The majority of the past fellows have stayed on as attendings.



What qualities make an applicant a good fit for your program?

Someone who is a team player, motivated with a good surgical/clinical base from residency.

Why did you apply for fellowship? And why did you choose your fellowship program?

I pursued a fellowship to expand on my residency training to make myself a better surgeon and learn practice management (billing/coding). I chose this program because of the attendings and the director. They are all amazing people and the practice feels like a family. They all have different education backgrounds and I always learn something new or a new approach to every case. You are treated as a partner and not as a “fellow.” Also, they help teach you billing and coding, which you then get great experience in your own clinic.

Any advice for future fellowship applicants?

Start researching different fellowships and applying as early as possible.

