

**ACFAS 2023  
Meet the Fellow Questionnaire**



**American College of  
Foot and Ankle Surgeons®**

Fellow Name:

Laura Adler

Fellowship Program:

Certified Foot and Ankle Specialists

City/State:

Boca Raton, FL

Program Director:

Dr. Ashley Bowles

How many Attendings do you work with regularly?

5

Describe the diversity of your cases so far in fellowship. (For example, has your experience included TAR? Is there an emphasis on: Pediatrics? Sports Medicine? Deformity correction? Complex reconstruction? What percentage of your cases are trauma? Rearfoot/ankle? Forefoot? Please be as descriptive as you'd like.

A lot of diversity including complex charcot reconstruction, circular frames, sports medicine, trauma, nerve decompressions, bunion/hammertoes, pediatric flatfoot. 60-70% rearfoot cases

How many days per week do you typically spend in the OR? In clinic? Do you have your own "fellow" clinic?

Typically, half day clinic, half day in surgery. I do have my own clinic schedule and see new patients, post-op patients, etc.



How many surgical cases do you typically scrub per month?

30-40

What conferences have you attended/are you encouraged to attend?

ACFAS and several courses

How would you describe your director's teaching style?

See one, do one. Be prepared.

How is research incorporated into your experience? What resources are provided/available?

There is a lot of opportunity for research including being involved in randomized trials at the clinic. The fellow has access to data to aid in research as it is uniquely situated within a large podiatry group.

Do you take any "call"? If so, how often? What type of call? (general vs. trauma, hospital vs. private practice?)

Take hospital call about every 6-8 weeks - see trauma (Ex: ankle, calc fx), infection Take call for the office

How many hospitals/surgery centers are you credentialed at?

hospitals- 5 Sx center- 6

What is your didactic schedule like? What academic opportunities are available to you during fellowship? (Cadaver labs, journal club, radiology conference, etc.)

Journal club and Presentations are held twice a month. Cadaver labs, opportunities to be involved with the Bethesda residency program

Is your fellowship affiliated with a residency program? If yes, what are your responsibilities? How often are you interacting with residents (What % of cases?)

I do work with the Bethesda Residents, they assist in surgery as well as the periop period. Hospital call is held at Bethesda hospitals.



Are you able to collect cases for board certification?

Yes, I have had cases under my name while on-call, and patients from clinic that I've seen and worked up.

When should interested applicants visit? What does a visit look like?

Interested applicants should visit during 3rd year. Typically spend a half day in Dr. Bowle's clinic and have time to discuss any question about the fellowship

What is the interview process like at your program?

Typically, the visit becomes somewhat of a working interview

Do you have a co-fellow? What percentage of your cases are scrubbed with them?

I don't scrub with my co-fellow

What support is available for finding post-fellowship employment?

What qualities make an applicant a good fit for your program?

Hardworking, intelligent, organized, works well with others

Why did you apply for fellowship? And why did you choose your fellowship program?

I wanted a good transition into private practice and wanted increased exposure to running a clinic. My program sees a lot of complex pathologies and provides me with the continuity of care I was looking for.

Any advice for future fellowship applicants?

Think about what you are hoping to gain from doing a fellowship and see if any program aligns with that as you are narrowing your search.

