



July 24, 2026

Yaseer Y. Parupia DPM, FACFAS
Letter of Intent for ACFAS Pacific Region

Dear colleagues it is an honor to submit my candidacy to run and serve in the role of Vice President or Secretary/Treasurer on the Pacific Region of ACFAS. My leadership experience has allowed me to develop a broad perspective on building successful teams, navigating complex organizations, and creating environments where both patients and colleagues can thrive.

From 2019 through 2024, I served as Site Director for the Kaiser Permanente Sacramento Valley Podiatric Residency Program. In this role, I was responsible for overseeing resident education and mentoring physicians during one of the most formative periods of their careers. This experience reinforced the importance of servant leadership—supporting others so they can achieve their highest potential while maintaining high standards of clinical excellence and accountability.

My commitment to education extends beyond Kaiser Permanente through my service on the Board of the Alumni Association for Samuel Merritt University College of Podiatric Medicine. Serving on this board has allowed me to strengthen relationships between graduates and the institution and help shape opportunities for future generations of podiatric physicians

I have also served as a Member-at-Large on the Board of the California Podiatric Medical Association. This role broadened my understanding of organized medicine and healthcare advocacy by allowing me to participate in discussions affecting physicians, patients, legislation, and the future of our profession throughout California. Working alongside colleagues from diverse practice settings taught me the importance of consensus-building, thoughtful decision-making, and representing the interests of an entire membership rather than a single department or institution.

Within Kaiser Permanente, I have served—and continue to serve—as an Assistant Chief for the Sacramento Orthopedics and Podiatry Department. This position has provided

firsthand experience balancing operational priorities, physician engagement, quality improvement, access to care, and strategic departmental growth. It has required collaborating with physicians, nursing leadership, administration, and operational teams to address challenges while maintaining focus on patient care and organizational goals. Leading in this environment has strengthened my ability to communicate transparently, navigate complex issues, and make decisions that consider both immediate needs and long-term sustainability.

As I seek this new leadership opportunity, I bring experience across clinical operations, medical education, governance, and strategic planning. I understand that successful organizations are built by empowering individuals, encouraging innovation, and creating a culture of accountability, respect, and continuous improvement. My goal is to build upon these experiences to help lead ACFAS to develop future leaders and continue to be a leading organization inside of our specialty.

Please feel free to contact me for references if needed. Thank you for your consideration.

Sincerely,

A handwritten signature in black ink, appearing to read 'Yaseer Y Parupia', with a stylized flourish at the end.

Yaseer Y Parupia DPM
Kaiser Permanente Sacramento
Assistant Chief in Department of Orthopedics
Board member of Alumni Association for CCPM at SMU

Yaseer Parupia, DPM

Email:

Mobile:

Permanent Address

El Dorado Hills, CA 95762

Personal Information

EDUCATION

Kaiser Bay Area Foot and Ankle Residency

3-year surgical residency program –*Graduation June 2018*

Oakland, CA

July 2015 – June 2018

Doctor of Podiatric Medicine Degree – *Valedictorian*

California School of Podiatric Medicine at Samuel Merritt University

Oakland, CA

August 2011 – May 2015

Bachelor of Science in Biochemistry Degree

Texas Tech University

Lubbock, TX

August 2007 – May 2011

Medical Mission

Complex Reconstructive Foot and Ankle Surgeries

Da Nang, Vietnam

May 2017 – June 2017

PROFESSIONAL EXPERIENCE

Attending Physician in Podiatric Surgery

Sacramento, CA

Assistant Chief of Orthopedics and Podiatry

Kaiser Permanente North Valley

February 2019-Current

- Reconstructive Foot and Ankle Specialist specializing in all aspects of foot and ankle surgery

The Foot Doctors of Santa Cruz County

Clinical and Surgical Podiatry Practice

Santa Cruz, CA

July 2018 – January 2019

Resident Physician in Podiatric Surgery

Kaiser Permanente

Oakland, CA

July 2015 – June 2018

- Rotating through Kaiser Permanente San Francisco, Oakland, Walnut Creek, and Antioch during residency

RESEARCH/PUBLICATIONS

- **Paper Publications**

- Williams, M. **Parupia, Y.** Peng, P *Mortality and Incidence Rate of Pedal Melanoma in a Large Sample Size.*
- **Parupia, Y.** Patel, S. Haas, Z. Cobb, M. Klaver, S. *Pre and Post operative analysis of Flatfoot Reconstruction Sparing the Talonavicular Joint.*

- **Poster Presentations**

- *Neuropathic Reconstruction with TTC using Femoral Head Allograft: A Case Series* ACFAS 2023
- *Robotic Assisted Midfoot Charcot Reconstruction: A Case Review* ACFAS 2024
- *Charcot Reconstruction Revision Surgery Using BMP and Bisphosphonates: A Case Series* ACFAS 2025

LEADERSHIP EXPERIENCE

Assistant Chief of Podiatry in the Orthopedics Department Kaiser Permanente Sacramento

March 2023- Current

California Podiatric Medical Association Executive Board Member

June 2024- June 2026

Kaiser Permanente Sacramento Residency Site Director

July 2019-July 2024

California College of Podiatric Medicine at Samuel Merritt University Alumni and Associates Executive Board Member

January 2022- Current