

Dear Members of the Big West Region,

I am writing to formally submit my intent for the position of Secretary/Treasurer of the Big West Region of the American College of Foot and Ankle Surgery.

As a recent fellowship graduate and first-year practitioner, I believe I can bring a fresh perspective, enthusiasm, and a deep commitment to serving our profession. My involvement with the American College of Foot and Ankle Surgery began during my time in podiatry school, where I developed a strong appreciation for the mission of the organization and the opportunities it provides for professional development and collaboration.

Throughout my education and early practice, I have been inspired by the mentorship and camaraderie within the ACFAS community. It has always been my intention to give back by becoming an active participant in leadership and supporting the initiatives that enhance the growth of our members and the advancement of foot and ankle surgery.

As Secretary/Treasurer, I aim to bring organization, accountability, and innovative ideas to the position. I am confident that my attention to detail, focus on integrity, and enthusiasm for fostering collaboration will serve our division well. I am eager to contribute to our shared goals of advancing education, promoting research, and supporting the professional growth of our members.

Thank you for considering my candidacy. I would be honored to serve the Big West Region in this capacity and to contribute to the continued success of ACFAS.

Sincerely,

Nathan Ptak, DPM, AACFAS
Sierra Vista Medical Group – Orthopedics
Canyon Vista Medical Center



Nathaniel A. Ptak, DPM, AACFAS

Professional

Practice

Canyon Vista Hospital Sierra Vista Medical Group
Sierra Vista Medical Group – Orthopedics Department **Sept 2024 - Present**
 - Hospital employed physician in Sierra Vista, Arizona

Fellowship

The Southeast Permanente Medical Group, Inc. **July 2023 – July 2024**
Foot and Ankle Trauma Reconstructive Fellowship
 - ACFAS recognized fellowship at a large multi-specialty group within the Atlanta metro area with a focus on high-level trauma and reconstruction

Residency

Intermountain Medical Center **July 2020 – June 2023**
Salt Lake City, UT – PMSR/RRA Podiatric Surgery Residency
 - Exposure to diverse forefoot/rearfoot reconstruction, level 1 trauma, total ankle replacement, wound care, and limb salvage techniques such as external fixation, flaps, and grafts
 - Completed off service rotations: trauma, ER, internal medicine, dermatology, general surgery, anesthesiology, radiology, infectious disease, behavioral medicine, pathology

Education

Doctorate

Rosalind Franklin University of Medicine and Science **Aug 2015 - May 2019**
Dr. William M. Scholl College of Podiatric Medicine, North Chicago, IL
 - Degree obtained: Doctorate of Podiatric Medicine
 - Graduated May 2019

Undergraduate

Benedictine College, Atchison, KS **Aug 2011 - May 2014**
 - Degree obtained: Bachelor of Science in Biology with Minor in Chemistry
 - Graduated May 2014

Licensure and Certifications

Board Qualified – American Board of Foot and Ankle Surgeons	2023
State of Arizona, Podiatric Physician License	2024 - Present
State of Georgia, Podiatric Physician License	2023 - Present
State of Utah, Podiatric Physician License	2021 - 2024
Advanced Cardiac Life Support Certification	2019 - Present
Basic Life Support Certification	2015 - Present
National Board of Podiatric Medical Examiners	

- American Podiatric Medical Licensing Written Exam Part I (2016), II (2018), and III (2019)

Passed

Research and Publications

Ptak N, Rigby R. "Achilles' insertional repair in the treatment of chronic insertional Achilles' tendonitis in obese patients." Retrospective Review. *JFAS* 2024. Manuscript presentation ASC 2024.

Rigby R, Ptak N. "Incidence of Medial Deltoid Ligament Instability in 226 Patients with Chronic Ankle Instability." Retrospective review. *JFAS* 2024.

Ptak N, Rigby R. "Subluxation of the posterior tibial tendon into the tibiofibular syndesmosis secondary to high-level ankle fracture or dislocation: Surgical reduction technique guide and case study." *FASTRAC* 2024.

Ptak N, Rigby R, Douthett S. "Nonunion rate following primary arthrodesis for acute Lisfranc injuries: A retrospective analysis of 71 joints in 34 patients." Retrospective review. *JFAS* 2024.

Rigby R, Ingwer S, Ptak N, Fleming J, Hauck O, Khoury A. "Deltoid Ligament Insufficiency Results in Greater Anterior Translation and Medial Clear Space." Pending publication. AOFAS 2024 Poster Presentation

Hoffler H, Ptak N, Black T. "Incidence of Tarsometatarsal Joint Arthritis with Associated Hallux Rigidus: A Retrospective Radiographic Study." *FASTRAC* 2024

Ptak N, Ray J, Read T, Larsen C. "Risk of Acute Kidney Injury with Vancomycin in Combination with Piperacillin/Tazobactam for Broad-Spectrum Antibiotic Coverage." *Podiatry Today*. Jan. 2022

Ptak N, Mallory B. "Post-Operative Dynamic Correction of Forefoot Varus in the Flexible Flatfoot After Evan's Osteotomy." *Podiatry Today*. May 2022.

Ptak N, Tullis A. "Laterally Based Closing Wedge Osteotomy of the Subtalar Joint for Correction of Residual Hindfoot Varus in a Triple Arthrodesis." Poster presentation. ACFAS ASC 2023.

Ptak N, Larsen C. "Isolated Gastrocnemius Recession in the Treatment of Recalcitrant Plantar Fasciitis: A Literature Review." Poster presentation. UPMA Annual Conference. Sep. 2020.

Talbot D, Grummet M, Bareither D, Bareither M, Ptak N. "Lower Extremity Anatomy." Lower Extremity Anatomy Workbook – SCPM (PBBS506A&B). 2019

Continuing Medical Education

Arthrex Foot and Ankle Fellows Course – Naples, FL	May 2024
Stryker Fellows Surgeon Course – Tampa, FL	Mar 2024
ACFAS Annual Scientific Conference – Tampa, FL	Feb 2024
Medline Unite DPM Fellow Surgeon Course – Chicago, IL	October 2023
Stryker Foot & Ankle Resident Course – Nashville, TN	May 2023
ACFAS Annual Scientific Conference – Los Angeles, CA	Feb 2023
Utah Podiatric Medical Association Fall Conference	Sep 2022
DJO Foot & Ankle Podiatric Pre-Fellows Course – Dallas, TX	June 2022

Vilex Techniques in 1 st MTPJ Surgery – Cadaver Lab – Park City, UT	May 2022
Arthrex Emerging Techniques in Lateral Ankle Surgery – Cadaver Lab	Mar 2022
ACFAS Annual Scientific Conference – Austin, TX	Feb 2022
Treace Lapiplasty and Adductoplasty Cadaver Lab – Austin, TX	Feb 2022
Podiatry Institute Regional Conference – Park City, UT	Feb 2022
ACFAS Foot and Ankle Arthroscopy Skills Course – Chicago, IL	Oct 2021
Utah Podiatric Medical Association Fall Conference	Sep 2021
Techniques in Trauma Fixation – Cadaver Lab	July 2021
Paragon28 Advances in Forefoot Implants – Cadaver Lab	May 2021
Ilizarov Ring Fixation Fundamentals – Cadaver Lab	Dec 2020
Utah Podiatry Medical Association Fall Conference	Sep 2020
Forefoot Arthrodesis and Plating Techniques – Cadaver Lab	July 2020

Honors and Awards


Scholl Merit Scholar	2015 - 2017
APMA Scholarship	2017 - 2018
Diamond Award for Volunteer Service Award (100+ hours)	2017 - 2018
Diamond Award for Volunteer Hours (100+ hours)	2016 - 2017
Ruby Award for Volunteer Hours (25-49 hours)	2015 - 2016
Rosalind Franklin Intramural Soccer Champions	2015 - 2016
North Chicago Men's Rugby Club – Captain	2016 - 2018
Black Monks Rugby Football Club – Captain	2014 - 2015
National Honor Society	2008 - 2011

Professional Organizations

American College of Foot and Ankle Surgeons – Post-graduate Fellow	2015 - Present
Utah Podiatric Medical Association – Member	2020 - 2023
American Podiatric Medical Association – Member	2015 - Present
American Association of Podiatric Sports Medicine – Member	2015 - Present
American Association of Podiatric Sports Medicine – Student President	2017 - 2018
American Podiatric Medical Students Association (APMSA) – Member	2015 - 2019
Illinois Podiatric Medical Student Association (IPMSA) – Member	2015 - 2019
American Academy of Podiatric Practice Management (AAPPMP) – Member	2015 - 2019

Work History

Rosalind Franklin University of Medicine and Science – North Chicago, IL	2016 - 2018
<i>Developer and Illustrator of Lower Extremity Anatomy Workbook</i>	
- Illustrated and assisted in developing the Lower Extremity Anatomy Workbook for the PBBS506-Lower Extremity Anatomy course at SCPM	
<i>Peer Tutor</i>	
- Tutored first year students in various subjects including Biochemistry, General Anatomy and Lower Extremity Anatomy	
National Express LLC – Lisle, IL	2014 - 2015
<i>IT Consultant – Pega Architect & Developer</i>	
- Developed software using Pegasystem PRPC development platform and Oracle SQL	

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- Worked with business users to understand and document requirements for software development, transportation related use cases such as routing, scheduling, dispatching

US Army Corp of Engineers – Atchison, KS

2011 - 2013

Field Researcher

- Missouri River Mitigation Implementation of Amphibian Monitoring and Adaptive Management for Wetland Restoration Evaluation, funded by the US Geological Survey /US Army Corp of Engineers